

DOSING

What to give and how much.



Acetaminophen (Tylenol®) Dosing

NOT recommended for babies less than 2 months old.
Give every 4-6 hours as needed for fever or pain.

NOTE: Certain concentrations (mg/mL) of acetaminophen are being phased out.
Please be sure to check the concentration on the bottle of acetaminophen before dosing.

Weight (pounds)	Weight (kilogram)	Children's Liquid (160 mg/5 mL)	Children's Dissolve Tabs (80 mg tabs)
12-17 lbs	5.5-7.9 kg	2.5 mL (½ teaspoon)	—
18-23 lbs	8-10.9 kg	3.7 mL (¾ teaspoon)	—
24-35 lbs	11-15.9 kg	5 mL (1 teaspoon)	2 tabs (160 mg)
36-47 lbs	16-20.9 kg	7.5 mL (1 ½ teaspoons)	3 tabs (240 mg)
48-59 lbs	21-26.5 kg	10 mL (2 teaspoons)	4 tabs (320 mg)
60-71 lbs	26.6-32.2 kg	12.5 mL (2 ½ teaspoons)	5 tabs (400 mg)

Ibuprofen (Motrin®, Advil®) Dosing

For infants and children 6 months of age and older.
Give every 6-8 hours as needed for fever or pain.

Weight (pounds)	Weight (kilogram)	Children's Liquid (100 mg/5 mL)	Junior tablets (100 mg)	Adult tablets (200 mg)
12-21 lbs	5.5-9.9 kg	2.5 mL (½ teaspoon)	—	—
22-33 lbs	10-14.9 kg	5 mL (1 teaspoon)	1 tablet (100 mg)	—
34-43 lbs	15-19.9 kg	7.5 mL (1 ½ teaspoons)	1 tablet (100 mg)	—
44-55 lbs	20-24.9 kg	10 mL (2 teaspoons)	2 tablets (200 mg)	1 tablet (200 mg)
56-66 lbs	25-29.9 kg	12.5 mL (2 ½ teaspoons)	2 tablets (200 mg)	1 tablet (200 mg)
67-88 lbs	30-39.9 kg	15 mL (3 teaspoons)	3 tablets (300 mg)	—
89+ lbs	40+ kg	—	4 tablets (400 mg)	2 tablets (400 mg)

If you have more questions,
contact our First Call® for children
303-563-3300 or 877-647-7440



Now Open!
**LOVELAND OUTPATIENT
CENTER**
1808 N. Boise Avenue, Suite 120
Loveland , CO
970-679-RMHC (7642)



Rocky Mountain
Hospital *for Children*



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ROCKY MOUNTAIN HOSPITAL FOR CHILDREN
at Presbyterian/St. Luke's Medical Center
Full Service Pediatric Hospital | 24 Hour Peds ER
20th Ave & High Street | 720-754-1000
- 2

Rocky Mountain Hospital for Children
at Sky Ridge Medical Center
24/7 Peds ER | NICU | Pediatric Unit
I-25 & Lincoln | 720-225-1000



Pediatric Services Available at Affiliated Hospitals

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North Suburban Medical Center
NICU | Pediatric Unit
- 4

Rose Medical Center
NICU
- 5

The Medical Center of Aurora
Child/Adolescent Behavioral Health | NICU
- 6

Swedish Medical Center
Level I Trauma Center | Burn Program
NICU | Pediatric Unit



Rocky Mountain
Hospital *for Children*

At Presbyterian/St. Luke's



Full Service Pediatric Hospital | 24/7 Dedicated Pediatric ER
300+ Pediatric Specialists



First Call® for children
303-563-3300 *or* 877-647-7440

A phone line answered by nurses who provide
free pediatric-related medical advice.

Newborn to Teen
**RESOURCE
GUIDE**

For more information: 877-752-2737 | RockyMountainHospitalforChildren.com

expect AMAZING

Located at 20th and High Streets, Rocky Mountain Hospital for Children at Presbyterian/St. Luke's Medical Center is a dedicated pediatric hospital and the anchor facility for HealthONE's system of pediatric care.

- **300+ board certified pediatric specialists** and sub-specialists that provide the most comprehensive pediatric care in the system
- **24/7 dedicated pediatric ER** offering short wait times and specially trained pediatric physicians and nurses
- A hospital campus like no other where **high risk moms and high risk babies can be treated under the same roof**
- **The largest Level IV Neonatal Intensive Care Unit (NICU)** in the entire Rocky Mountain region
- World leaders in **neonatal minimally invasive treatment** for complex congenital conditions
- Pioneers in **minimally invasive surgery options** for infants and children
- Nationally renowned **youth sports medicine program** – including a center focused on diagnosis and treatment for concussion
- Expert care for diagnosis and life-long treatment for **infants, children and adult congenital heart disease**
- Specialists in **robotic surgery for adolescents**
- Leaders in **pediatric hematology/oncology treatment options**

When parents come together with the doctors, nurses and staff at Rocky Mountain Hospital for Children we can make amazing things happen. We are Amazing Together!



Know Who to See

Highlighted Pediatric Specialties at RMHC

Call our nurse advice line at **303-563-3300** for help finding the right pediatric specialist for your child or talk to your pediatrician to get a referral to an RMHC physician.

Below you will find highlights of common conditions treated by our pediatric specialists. For more information, visit us online at RockyMountainHospitalforChildren.com.

Allergy and Asthma

Asthma
Food Reactions
Immune Disorders

Audiology

Hearing Loss
Tinnitus
Vertigo

Cardiology

Congenital Heart Disease
Heart Murmur

Cardiovascular Surgery

Congenital Heart Defects
Pacemaker Placement

Cleft Palate and Craniofacial Center

Dentistry

Dermatology

Emergency Services

Endocrinology

Diabetes
Thyroid Conditions

ENT (Otolaryngology)

Breathing Problems
Ear/Sinus Infections
Hearing Loss

Gastroenterology

Crohn's Disease
Feeding Issues
IBS/IBD
Reflux

Hematology

Blood Disorders

Hepatology

Fatty Liver Disease
Jaundice
Liver Transplant

Hyperbaric Medicine

Complications from Cancer Treatment
Wound Management

Maternal Fetal Medicine

Fetal Intervention/Surgery
High Risk OB/Labor and Delivery
Spina Bifida Treatment

Neonatology

Nephrology/Kidney Disease

Bladder Problems
Kidney Stones

Neurological/Neurosurgical Services

Headaches/Migraines
Seizures/Epilepsy

Nutrition/Weight Management

Rehabilitation Services

Occupational Therapy
Physical Therapy
Speech Therapy

Oncology

Bone Cancers
Leukemia
Lymphoma

Ophthalmology

Care for Eye Injuries
Strabismus (Cross Eyes)

Orthopedics

Joint Pain
Fractures
Spine Conditions/Scoliosis

Pulmonology

Bronchopulmonary Dysplasia (BPD)
Chronic Cough
CPAP/ Sleep Apnea

Sleep Medicine

Sports Medicine

Concussion
Fractures
Overuse Injuries

Surgery

Fetal Intervention
Minimally Invasive Options (Hernia Repair/Appendectomy)
Robotic Surgery (Adolescents)

Urology

Genital Abnormalities
Incontinence
Urinary Tract Disease

ANCILLARY SERVICES

Genetic Counseling

Infectious Disease

Pediatric Anesthesiology

Pediatric Pathology

Pediatric Radiology

The Medical Center of Aurora

Behavioral Health – Children (6+) through Adolescent

Depression
Suicidal Thoughts

Swedish Medical Center

Trauma Center

Burn Center

Know Where To Go

How soon do you need care?

At HealthONE, we understand the importance of having access to the right kind of healthcare when you need it. Our network of hospitals, urgent care centers and primary care clinics are part of the largest healthcare system in the metro Denver area. You can count on us for the right care, close to home - soon, quickly or now.

The guidelines below have been created to help you know where to go. Remember, if it's an emergency call 911 or go to your closest ER.



GENERAL PEDIATRICIAN / PRIMARY CARE

Earaches

Sore throats

Fevers that respond to fever-reducing medications

Ankle sprains and the strains of muscles and joints

Coughs and colds

Abdominal pain or other symptoms that resemble an illness that is "going around"

UTI's

Sinus infections

Pink eye

Minor cuts and burns

PEDIATRIC SPECIALIST

After receiving a referral from your primary care provider and/or:

Food allergies or intolerances

Congenital Heart Conditions

Severe Gastroesophageal Reflux Disease

Fractures

Surgical Options (including Minimally Invasive Surgery)

Additional evaluation and treatment beyond what your pediatrician can provide

Care for chronic conditions

Ongoing care throughout childhood and beyond

URGENT CARE

Urgent care centers are designed for patients whose illnesses or injuries don't present as life-threatening, but who cannot wait until a primary physician can treat them

EMERGENCY ROOM

Chest pain lasting two minutes or more

Uncontrolled bleeding

Sudden or severe pain

Coughing or vomiting blood

Difficulty breathing; shortness of breath; choking

Sudden dizziness, weakness or change in vision

Severe or persistent vomiting or diarrhea

Change in mental status (for example, confusion)

Broken bone

Severe allergic reaction

Loss of consciousness

Any concern where you feel a delay in care may have a significant impact on your health

